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| ***THE EFFECT OF GIVING PINEAPPLE AND HONEY JUICE ON HEALING OF PERINEUM WOUNDS IN POSTPARTUM MOTHER***  *(Study at BPM Mei Yuni S.ST., M.MKes, Bangkalan)* | |
| ***ABSTRACT***  *The healing time of the perineum wound will heal varies, ideally the healing of the perineum wound is within a period of 6-7 days postpartum. The fact is that there are still perineum wounds that heal in> 7 days at 40%. The purpose of this study is to see the difference in speed of healing of perineum wounds in postpartum mothers who were given pineapple juice and honey and who were not given pineapple juice and honey.*  *The research design used in this study was Quasy Experiment Design. The independent variable in this study was given pineapple juice and honey, while the dependent variable was healing of perineum wounds. The total population of 20 postpartum mothers who experienced first and second degree perineum wounds and the number of samples was 20 postpartum mothers who suffered degrees 1 and II perineal injuries. Sampling technique used nonprobability sampling with purposive sampling technique. The technique of collecting data used an observation sheet. Statistical tests using the Mann whittney test.*  *The results of obtaining perineum wound healing given pineapple juice and honey mostly experienced rapid wound healing as much as 60% while the healing results of perineum wounds that were not given pineapple juice and honey mostly experienced slow wound healing as much as 40%. After mann whitney statistical test, the result of unidirectional Pvalue value = 0.003 which means that Pvalue was smaller than α <0.05. The result was a difference in the speed of healing of perineum wounds in postpartum mothers who were given pineapple juice and honey and who were not given pineapple juice and honey.*  *Health workers are expected to provide information to the public that there is no food restrictions or tarak on postpartum mothers. As well as providing health education routinely about counseling healing of perineum wounds and teaching how to treat and recognize danger signs if an infection occurs in the perineum wound.* | |
| *Keywords: Healing Of Perineum Wounds, Pineapple Juice, Honey, Puerperal.* | |