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| **HUBUNGAN PERAN ORANG TUA DENGAN KEJADIAN *PICKY EATERS* PADA ANAK USIA 3-5 TAHUN** **(**Studi di PAUD Sayang Ibu Kecamatan Klampis Kabupaten Bangkalan) |
| **ABSTRAK***picky eater* adalah perilaku anak tidak mau atau menolak untuk makan, atau mengalami kesulitan mengkonsumsi makanan atau minuman dengan jenis dan jumlah sesuai usia secara fisiologis (alamiah dan wajar), yaitu mulai dari membuka mulutnya tanpa paksaan, mengunyah, menelan, hingga sampai terserap di pencernaan secara baik tanpa paksaan.Berdasarkan data pada bulan januari 2019, anak di PAUD Sayang Ibu sebanyak 20 anak didapatkan 50% didapatkan anak mengalami *picky eaters*. Tujuan penelitian yaitu menganalisis hubungan peran orang tua dengan kejadian *picky eaters* pada anak usia 3-5 tahun.Desain penelitian adalah analitik dengan *pendekatan cross sectional* dengan Populasi sebanyak 47 responden dan sampel sebanyak 43 responden.Teknik pengambilan sampel menggunakan *probability sampling* secara *simple random sampling.* instrumen penelitian menggunakan kuisioner. Uji statistik menggunakan “*spearman rank “* Penelitian ini telah di lakukan uji kelayakan Etik yang dilaksanakan oleh KEPK STIKes Ngudia Husada Madura.No: 0084/KEPK/STIKES-NHM/EC/III/2019Dari hasil penelitian menunjukkan bahwa peran orang tua kurang seluruhnya memiliki anak dengan picky eaters berat sebanyak 6 orang , pada peran orang tua yang cukup hampir seluruhnya memiliki anak dengan picky eaters sedang sebanyak 23 orang , dan peran orang tua yang baik, seluruhnya memiliki anak dengan picky eaters ringan sebanyak 12 orang. Dimana ρ value : 0,000 < α : 0,05, yang berarti H1 diterima dan H0 ditolak, hal ini menunjukkan bahwa ada hubungan antara peran orang tua dengan kejadian *picky eater* pada anak usia 3-5 tahun.Diharapkan nantinya orangtua tidak memaksa anak untuk hanya memakan makanan yang diinginkan karena justru dapat berdampak pada tingginya perilaku *picky eaters*. Orangtua sebaiknya melakukan inovasi terhadap makanan yang sehat, agar anak ingin memakannya tanpa dipaksa. |
| **Kata Kunci: Peran Orang Tua, *picky eaters*** |

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| ***THE RELATIONSHIP OF THE ROLE OF PARENTS WITH THE INCIDENCE OF PICKY EATERS IN CHILDREN 3-5 YEARS OLD.******(Study at* PAUD Sayang Ibu District Klampis, Bangkalan Regency*)*** |
| ***ABSTRACT****picky eater is the behavior of children who do not want or refuse to eat, or have difficulty consuming food or drinks of a type and amount according to age physiologically (natural), that is, starting from opening his mouth without coercion, chewing, swallowing, until it is absorbed in the digestion properly without coercion.Based on data in January 2019, children in PAUD Sayang Ibu as many as 20 children. The results of a preliminary study conducted by researchers on January 9, 2019 data obtained in PAUD Sayang Ibu of 10 children, 4 children (40%) experienced mild picky eater, 5 children (50%) experienced moderate picky eater, and 1 child (10 %) experience heavy picky eater. the purpose is study is to, find out the relationship between the role of parents and the incidence of picky eaters in children aged 3-5 years in PAUD Sayang Ibu Klampis Sub-District, Bangkalan Regency.**The design of this study was "analytic with cross sectional approach" with a population of 47 respondents and a sample of 43 respondents. The sampling technique used "probability sampling by simple random sampling". research instruments using questionnaires. Statistical tests using "spearman rank" This research has been carried out by the ethical clearance test by KEPK STIKes Ngudia Husada Madura with**No: 0084/KEPK/STIKES-NHM/EC/III/2019.**The results of the study, showd that the role of less parents all have children with heavy picky eaters as many as 6 respondens, in the role of sufficient parents almost all of them have children with moderate picky eaters as many as 23 respondens, and the role of parents was good, all of them have children with light picky eaters 12 respondens. Where ρ value: 0,000 <α: 0,05, which means H1 was accepted and H0 was rejected, this showed that there was a relationship between the role of parents and the incidence of picky eater in children aged 3-5 years.**It is hoped that parents will not force children to only eat the desired food because it can have an impact on the behavior of picky eaters. Parents should innovate on healthy food, so children want to eat it without being forced.* |
| ***Keywords: The role of parents, Picky eaters*** |