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| Sakinah IlyatiNIM. 160154010016Program studi DIII Kebidanan | DosenPembimbingDr. Zakkiyatus Zainiyah, M.KebNIDN.0704127802 |
| **PENATALAKSANAAN GATAL DI PERUT PADA** **IBU HAMIL TRIMESTER 2 DI POLINDES** **BAJEMAN KECAMATAN TRAGAH** |
| **ABSTRAK**Gatal *(pruitus)* adalah suatu sensasi yang menimbulkan rasa atau reflex untuk menggaruk. Yang pada kasus gatal pada ibu hamil trimester II disini disebabkan oleh hypersensitifitas kulit terhadap alergen. Berdasarkan hasil survei studi pendahuluan di Polindes Bajeman Kecamatan Tragah, Bangkalan didapatkan 6 dari 10 ibu hamil trimester II didapatkan 60% ibu mengalami gatal di perutnya. Tujuan dari penelitian ini adalah dapat menganalisa penatalaksanaan Gatal Di Perut Pada Ibu Hamil Trimester II Di Polindes Bajeman Kecamatan Tragah, Bangkalan.Metode penelitian ini menggunakan kualitatif deskriptif dengan pendekatan study kasus. Menggunakan 2 partisipan yaitu ibu hamil primi partisipan 1 dan 2 dengan keluhan gatal di perut pada ibu hamil trimester II, nantinya akan dibandingkan dari kedua masalah tersebut dan kemudian ditarik kesimpulan melalui observasi, wawancara, triangulasi dari sumber utama yaitu keluarga (ibu pasien) serta bidan yang berkaitan dengan masalah yang diteliti dan dokumentasi.Hasil penelitian di dapatkan kedua partisipan dengan keluhan gatal di perut pada ibu hamil trimester II, kedua partisipan mengalami gatal di perutnya pada trimester ke II. Masalah potensial pada kedua partisipan adalah timbulnya luka baru dari bekas garukan. Intervensi dari kedua partisipan adalah menganjurkan ibu untuk mengoleskan minyak zaitun untuk mengurangi rasa gatal di area perut ibu.Berdasarkan hasil penelitian, ibu dapat mengatasi gatal di perutnya, dengan mengoleskan minyak zaitun pada area perut, rajin mandi, memakai pakian dalam yang longgar dan dapat menyerap keringat serta celana dalam yang khusus untuk ibu hamil untuk mngurangi rasa gatal. |
| **Kata Kunci: ibu hamil, Gatal.** |

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| SakinahIlyatiNIM. 160154010016*DIII Midwifery of Program Study* | *Advisor*Dr. ZakkiyatusZainiyah, M.KebNIDN. 0704127802 |
| ***THE MANAGEMENT OF ITCHING IN THE STOMACH ON TRIMESTER II PREGNANT WOMAN IN POLINDES*** ***BAJEMAN TRAGAH SUB*** |
| ***ABSTRACT****Itching (pruitus) is a sensation which incited or reflex to scratch. Which in the case of itching on trimester II pregnant women here caused by the skin's hypersensitifitas to allergens.Based on a preliminary study of the results of the survey in Tragah Subdistrict Bajeman Polindes, Bangkalan obtained 6 of the 10 pregnant women trimester II obtained 60% of mothers were experiencing itching in her stomach. The purpose of this research is able to analyze the treatment of itching in the stomach On trimester II pregnant women in Polindes Bajeman Tragah, Bangkalan regency.**This method research used descriptive qualitative approach to study the case. Use 2 participant trimester II woman pregnant primi participant 1and 2 with complaints of itching in the stomach on pregnant women trimester II will be compared from both those problems and then drawn a conclusion through observation, interview, triangulation of sources of primary family (mother of patient) as well as midwives, which deals with the problems researched and documentation.**The results of the research on got the two participants with the complaints of itching in the stomach on a pregnant second trimester II, participants experienced the itching in his stomach on trimester II. A potential problem for both participants was the emergence of new wounds from scratches. The invention of both participants was to encourage the mother to applied olive oil to reduce the itching in the mother’s abdominal area.**Based on the results mothers can overcome itching in stomach by applying olive oil to the abdominal area, diligently batching, wearing loose underwear and can absorb sweat and undewear pregnant woman to reduce itching.* |
| ***Keywords : Pregnant women, Itching.*** |

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| **MANAGEMENT INDEPENDENCE MOTHER PARTURITION PRIMI****The 4-10 DAYS OF BATHING HER BABY****AT BPM HJ. MAULIDAWATI, S. ST****BANGKALAN-AROSBAYA** |
| **A.bstract**A mother who first gave birth, caring for a baby is not an easy thing, he still felt less confident in their ability to bathe her baby. Based on the preliminary results of the survey study in BPM Hj. Maulidawati, s. ST KecArosbayaKabBangkalan obtained 10 mothers can parturition primipara who have yet to bathing the baby. The purpose of this research is to analyze the management independence can parturition primipara 4-10 mothers day in bathing her baby in BPM, MaulidawatiHj S.ST Sub Arosbaya.This research method using a descriptive qualitative approach to study the case. Use 2 participant i.e. mother parturition primipara participant 1 with complaints are afraid to bathe her baby and participant 2 fear and horror to bathe her baby, will be compared from both those problems and then drawn conclusions through observation, interview, triangulation of a primary source, namely family (mother of patient) as well as midwives with regard to the issue of the ditelitidan documentation.Research results on a second complaint with the participants get afraid to bathe her baby, the first participants are afraid to bathe her baby because it is still the first childbirth and still a few days of birth, whereas in the second participant of the fear and horror to bathing her baby because the first had a child. the second issue is resolved with the participants willing to learn to bathe her baby alone.Based on the results of the study are expected in order to do further research to find out the cause of the occurrence of the other mother can parturition that have yet to bathing her baby, the action in this issue give guidance and assists the mother how to bathe the baby. |
| **Keywords: Parturition Mother, not Independent** |

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