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THE EFFECT OF HEALTH PROMOTION ON BEHAVIOR IN THE PREVENTION OF PREGNANCY IN ADOLESCENTS WHO MARRY EARLY

(Study in Banyonneng Dajah village, Geger sub-district, Bangkalan district) ABSTRACT

Early pregnancy is a pregnancy experienced by women under the age of 20 years. (Rochjati, 2001). From a preliminary study in the village of Banyonneng Dajah, Geger, Bangkalan, from a total of 30 people who were married under an early age. Based on these data it is known that there are 9 respondents who are pregnant. The purpose of this study was to analyze the effect of behavior in the prevention of early pregnancy.

The research design used a pre-experimental research method one group pretest-post-test. The independent variable is the effect of health promotion, while the dependent variable is the behavior in preventing pregnancy in adolescents who marry early. The total population of all adolescents who married at an early age is 30 respondents with a sample of 21 respondents. The sampling technique used simple random sampling using lotrey technique, while data collection used observation sheets. The statistical test used the independent T-Test / Mann whittney test.

The results of the study found that adolescent married behavior at an early age after being given a health promotion discussion value 9 as many as 3 respondents, a value of 8 as many as 5 respondents, a value of 7 as many as 10 respondents, a value of 6 as many as 3 respondents. After statistical tests performed mann whitney obtained the value of Pvalue = 0,000, thus obtained a Pvalue greater than $\Box > 0.05$. so H1 is accepted. This shows that there is an effect of health promotion by the method of discussion on the behavior of adolescents who marry early in the prevention of early pregnancy.

From the results of the study concluded that there was an influence of health promotion before and after health promotion counseling was given.

Keywords: Health promotion, Behavior, Prevention of pregnancy